THE DUKE OF EDINBURGH'S AWARD

## A Guide for Sectional Assessors

GILBERT

## What is a Duke of Edinburgh's Award?

Anyone between the ages of 14 and 24 can take part in a Duke of Edinburgh's Award (DofE).

A DofE programme has three progressive levels which, when successfully completed, lead to either a **Bronze**, **Silver** or **Gold** Duke of Edinburgh's Award.

There are four sections at Bronze and Silver level and five at Gold:

**Volunteering**: undertaking service to individuals or the community.

Physical: improving in an area of sport, dance or fitness

**Skills**: developing practical and social skills and personal interests.

**Expedition**: planning, training for and completion of an adventurous journey in the UK or abroad.

At Gold level, participants must do an additional fifth **Residential** section, which involves staying and working away from home undertaking a shared activity.

## How does a young person achieve their Award?

A DofE programme is **personalised** and **individual**. Young people agree the outcomes they will achieve over the duration of their programme.

Young people will achieve a Duke of Edinburgh's Award if they show persistence, commitment and personal development. DofE does not require a portfolio or exam to evidence this; every section can be signed off as completed once an Assessor is satisfied that the young person has committed to their activity and shown personal progress.

# How long does a DofE programme take to complete?



### When can DofE activities take place?

Activities can be undertaken:

- In a young person's own time
- · Partly as one of a range of options in supported/core time
- As an after school programme

## **Volunteering section**

Volunteering is simple. It's about choosing to give time to do something useful without getting paid.

#### Aim

To inspire young people to make a difference within their communities or to an individual's life and develop compassion by giving service to others.

#### Categories

- Helping people
- Community action and raising awareness
- Coaching, teaching and leadership
- Working with the environment or animals
- Helping a charity or community organisation

#### Examples

- School librarian
- Raising money for charity
- Helping to run an after school club
- Running a bullying campaign around school
- Helping at an animal shelter

## **Physical section**

Anything that requires a sustained level of physical energy and involves doing an activity can count – as long as you show interest and improvement over time.

#### Aim

To inspire young people to achieve greater physical fitness and a healthy lifestyle through participation and improvement in physical activity.

#### Categories

- Team sports
- Individual sports
- Water sports
- Racquet sports
- Dance
- Fitness

#### **Examples**

- Playing football for a local team
- Dance class such as Zumba
- Tennis
- Going to the gym
- Swimming

## **Skills section**

Something old, something new – it doesn't matter.

#### Aim

To inspire young people to develop practical and social skills and personal interests

#### Categories

- Creative arts
- Performance arts
- Science and technology
- Care of animals
- Music
- Life skills
- Learning and collecting
- Media and communication
- Natural world
- Games

#### Examples

- Money management
- After school drama group
- School choir
- Independent travel
- Cooking

## Process to achieving an Award

These activities should be undertaken during a young person's free time. Activities may take place at the school/centre or elsewhere but all activities must be agreed in advance by a Leader. Young people must be able to identify an adult to assess them. This flowchart gives an overview of the steps involved for a young person to complete their DofE.



## Who can be an Assessor

- An Assessor must be an adult who has an understanding of the activity that the young person is doing.
- They do not need to be present each time the young person does the activity.
- A family member or friend cannot be an Assessor.

### What is an Assessor's Report

The Assessor's Report must:

- Be written by the assessor
- Confirm how long the young person did the activity and that they did it for at least an hour a week.
- Confirm how the young person improved and if they met their personal goal
- Be signed and dated
- Include contact information (phone or email address)

### **Example of Assessor's Reports**



## An Assessor's Report from the Welcome pack, uploaded by the participant or Leader



An Assessor's Report submitted by the Leader through eDofE



An Assessor's Report submitted through the website is sent directly to the Leader on eDofE www.DofE.org/assessor You will need: Participant's ID number Level Section



A signed letter from the Assessor, uploaded by the participant or Leader.

## Benefits for young people



#### **Notes**

