



PE / EPS FOR SCHOOL YEAR 2020-2021

Due to the current pandemic, we have adjusted PE lessons operations at school:

- **Certain sports are excluded**: Acrosport, Gymnastics, Judo, Football, Basketball, Handball and Rugby. To replace these activities, the EPS/PE Team will offer alternatives. A few swimming pools remain closed for now (St Mary's pool in Paddington, Phoenix Centre) and here again, we will have to offer another activity. The situation is likely to evolve; in which case we would inform the pupils.
- When sports sessions occur in indoor gyms, windows and doors will remain open.

PE / EPS PROTOCOL

Following AEFE, local and French guidance, the PE/EPS Team have set the following protocol, in order to continue sports education in the best possible conditions.

| LEARNING AREA | | FACE MASK | OPERATIONS |
|-----------------|--|---|--|
| LEARNING AREA 1 | ATHLETISM: • Sprint • Relay • Middle distance • Long jump • Hurdle race | YES If pupils are 2 metres or more away from one another, they can lower their face mask | Wearing a face mask is compulsory while moving, including aboard coaches Changing rooms remain closed until further notice (except at Raynes Park for 6e-5e-4e) |
| LEARNING AREA 2 | ORIENTEERING RACE | YES If pupils are 2 metres or over away from one another, they can lower their face mask | |
| LEARNING AREA 3 | DANCE (solo) | YES | Pupils arrive at the Lycée wearing their PE outfit and keep it on all day Compulsory handwashing before and after class with hydro- alcoholic gel available at all times Use of equipment is limited and all items are disinfected at the end of each session |
| LEARNING AREA 4 | VOLLEYBALL (limited numbers) | YES | |
| | TABLE TENNIS | YES | |
| | SOFTBALL | YES | |
| LEARNING AREA 5 | STEP | While moving YES , while practising NO , as steps are over 2 metres away from each other | |
| | LONG RUN | While moving YES , while running NO , if pupils are 2 metres or over away from each another, they can lower their face mask | |
| | FITNESS | YES If pupils are 2 metres or over away from one another, they can lower their face mask | Social distancing is maintained as much as possible |