

# LUNCH

21.4.25 19.5.25 23.6.25  
21.7.25

|           | MONDAY  | TUESDAY                                      | WEDNESDAY     | THURSDAY                                      | FRIDAY  |
|-----------|---|--|---------------|---|---|
| SOUP      | Soup of the day, served with Fresh baked breads |  |               |   |   |
| MAIN MEAL | Blanquette de Volaille<br>Served with Rice      | Slow cooked Pork or Chicken with Mash Potato | PASTA BAR     | Turkey or Beef Meatballs served with Couscous | Breaded Fish Fingers with Oven Chips & Tomato Sauce |
| MAIN MEAL | Egg Florentine with hollandaise sauce           | Roasted Vegetable & Quorn with Mash Potato   |               | Vegan Meat-less Balls served with Couscous    | Baked Cheese & Tomato Omelette                      |
| SIDES     | Sweetcorn & Broccoli                            | Roasted Cauliflower                          | Carrot & Peas | Baked Courgettes                              | Garden Peas   |
| DESSERT   | Yoghurts  | Fruit Salad                                  | Yoghurt       | Fruit Cake                                    | Yoghurt   |
| EVERY DAY | Selection of Freshly Cut Fruits                 |  |               |   |   |

FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS

# LUNCH

28.4.25 2.6.25 30.6.25

|           | MONDAY  | TUESDAY                                 | WEDNESDAY             | THURSDAY                            | FRIDAY          |
|-----------|---|---|-----------------------|-------------------------------------|-----------------|
| SOUP      | Soup of the day, served with Fresh baked breads |   |                       |                                     |                 |
| MAIN MEAL | Vegan Bolognese & Steamed Rice                  | Sweet & Sour Chicken with Noodles       | PASTA BAR             | Steak Hache with Potato Wedges      | Margarita Pizza |
| MAIN MEAL | Vegan Bolognese with Steamed Rice               | Quorn & Vegetable Stir Fry with Noodles |                       | Vegetarian Burger and Potato Wedges |                 |
| SIDES     | Summer Vegetables                               | Glazed Carrots                          | Carrots and sweetcorn | Green Beans                         | Garden Peas     |
| DESSERT   | Yoghurt   | Fruit Pots                              | Yoghurt               | Chef's Cake                         | Yoghurt         |
| EVERY DAY | Selection of Freshly Cut Fruits                 |   |                       |                                     |                 |

FOUNDED IN 1997

**HOLROYD HOWE**

FEEDING INDEPENDENT MINDS

# LUNCH

5.5.25 9.6.25 7.7.25

|           | MONDAY  | TUESDAY                             | WEDNESDAY   | THURSDAY  | FRIDAY                                      |
|-----------|---|-------------------------------------|-------------|---|---|
| SOUP      | Soup of the day, served with Fresh baked breads |                                     |             |   |   |
| MAIN MEAL | Piri Piri Chicken with Rice                     | Sweet Potato, Pinto Beans & Spinach | PASTA BAR   | Southern Fried Chicken with Ebly or Couscous & Tomato Sauce | Breaded Fish Fingers with Oven Chips        |
| MAIN MEAL | Sweet Potato Falafel with White Rice            |                                     |             | Southern Style Quorn with Ebly or Couscous & Tomato Sauce   | Roast Pepper, Cannellini Bean & Tomato Wrap |
| SIDES     | Broccoli & Cabbage                              | Roasted Carrots                     | Green Beans | Cauliflower   | Garden Peas                                 |
| DESSERT   | Yoghurt   | Fruit Salad                         | Yoghurt     | Fruit Cake & Custard  | Yoghurt                                     |
| EVERY DAY | Selection of Freshly Cut Fruits                 |                                     |             |   |   |

FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS

# LUNCH

12.5.25 16.6.25 14.7.25

|           | MONDAY  | TUESDAY                                 | WEDNESDAY                 | THURSDAY   | FRIDAY          |
|-----------|---|---|---------------------------|--|-----------------|
| SOUP      | Soup of the day, served with Fresh baked breads |   |                           |  |                 |
| MAIN MEAL | Roasted Citrus Chicken Thigh with Roast Potato  | Bourguignon with Steamed Rice           | PASTA BAR                 | Pork or Chicken Sausage with Mash Potato & Onion Gravy | Margarita pizza |
| MAIN MEAL | Quorn & Roasted Vegetables with Roast Potatoes  | Vegetarian Escalope's with Steamed Rice |                           | Vegan Sausage with Mash Potato & Onion Gravy           |                 |
| SIDES     | Broccoli  | Courgettes                              | Roast Carrots & Sweetcorn | Garden Peas & Baked Beans                              | Sweetcorn       |
| DESSERT   | Yoghurt   | Fruit Salad                             | Yoghurt                   | Fruit Sponge   | Yoghurt         |
| EVERY DAY | Selection of Freshly Cut Fruits                 |   |                           |  |                 |

FOUNDED IN 1997

**HOLROYD HOWE**

FEEDING INDEPENDENT MINDS

# SALAD BAR

|                                   | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   |
|-----------------------------------|--|--|--|--|--|
| SALAD ITEMS                       | Tomato<br>Cucumber<br>Lettuce<br>Grated Carrots<br>Sweetcorn | Tomato<br>Cucumber<br>Lettuce<br>Grated Carrots<br>Sweetcorn | Tomato<br>Cucumber<br>Lettuce<br>Grated Carrots<br>Sweetcorn | Tomato<br>Cucumber<br>Lettuce<br>Grated Carrots<br>Sweetcorn | Tomato<br>Cucumber<br>Lettuce<br>Grated Carrots<br>Sweetcorn |
| COMPOSITES                        | Coleslaw<br>Sweet Chilli Noodle<br>Salad                     | Couscous salad<br><b>Allotment</b> salad                     | Potato salad<br>Celariac Slaw                                | Pesto Pasta<br>Green Salad                                   | Coleslaw<br>Greek salad                                      |
| PROTIENS                          | Houmous Pitta &<br>Carrot                                    | Selection of Cheese  | Grated Cheese  | Selection of Cheese  | Selection of Cheese  |
| SELECTION OF DRESSINGS & TOPPINGS |  |  |  |  |  |